



Limerick Mental Health Week 2011

Calendar of Events

Saturday 8th October 10 AM – 4PM			<i>Mental Health Awareness Day</i> Limerick Mental Health Association (Admission Free to all Events)	Crescent Shopping Centre Dooradoyle
Monday 10th October 7.30 PM <i>Everyday Resilience</i> Peter Newin Southill Area Centre	Wednesday 12th October 9 PM <i>Poetry Evening</i> White House Bar	Friday 14th October 7.30 PM <i>Choral Evening</i> Malcolm Green, M.C. Nigel Mercier St John's Cathedral		
Tuesday 11th October 7.30 PM <i>Developing Emotional Resilience in Persons with Intellectual Disability and Complex Needs</i> Dr. Barry Coughlan Abbey Suite 2, Absolute Hotel	Thursday 13th October 7.30 PM <i>Embracing the Grey or Just Surviving Old Age... Your Choice?</i> Simon Wale Abbey Suite 3, Absolute Hotel	Friday 14th October 3 PM <i>Talking out Depression, (A Personal Perspective)</i> Fr Joe Young Hunt Museum		
Sunday 16th October L.M.H.A. Participation, Womens Min-Marathon.				